



## **Redefining SENIOR LIVING**

### SAMPLE MENU

#### Salads and Appetizers

##### **Chopped Salad**

tomatoes, olives, bacon bits and Gorgonzola cheese over iceberg lettuce with your choice of dressing

##### **Caesar Salad**

crisp romaine lettuce, shaved Reggiano and garlic croutons with a classic house-made dressing

##### **Garden Salad**

a blend of iceberg, romaine and radicchio with cherry tomatoes, broccoli, cucumbers and carrots

##### **Spinach Salad**

teardrop tomatoes, roasted mushrooms and Beaujolais dressing on a bed of spinach

##### **Tomato Bruschetta**

rosemary balsamic and extra virgin olive oil

#### Entrees

##### **Grilled Chicken Breast**

complemented by truffle broth, served with roasted mushrooms, foie gras butter and mashed potatoes

##### **Honey Mustard Glazed Denver Ribs**

with roasted garlic mashed potatoes and peas

##### **Broiled Arctic Char**

raspberry beurre blanc, asparagus and jade rice

##### **Spinach-Stuffed Shells**

tossed in a nutmeg cream with shaved Parmesan

#### Desserts

##### **Nightly Pastry Chef's Features**

**Homemade Ice Cream**

**Frozen Fat-Free Yogurt**

**Fresh Baked Assorted Cookies**